TIAS Students Legacy: Hada Atiyeh (JORDAN) 5<sup>th</sup> Batch TIAS (2019-2021)

"Jordan-Noshiro Week" (October 30<sup>th</sup> ~ November 4<sup>th</sup> 2020): Celebrating Partnership between Jordan and Noshiro city under the Host Town Initiative of the Tokyo 2020 Olympic and Paralympic Games



The Embassy of Jordan (<a href="https://jordanembassyjapan.com/">https://jordanembassyjapan.com/</a>) in Japan and the City of Noshiro (Akita prefecture; <a href="https://www.city.noshiro.lg.jp/global/introduction/2757">https://www.city.noshiro.lg.jp/global/introduction/2757</a>) organized this event to celebrate their partnership under the Host Town Initiative of the Tokyo 2020 Olympic and Paralympic Games. <a href="Jordan-Noshiro Week">Jordan-Noshiro Week</a> was held in Tokyo City in the Performance i Zone building from 30th of October till 4th of November 2020. This event shed light on the host town initiative, Jordan and Noshiro by interacting with individuals from the respected country of Jordan and citizens of Noshiro city.







### https://jordanembassyjapan.com/jordan\_noshiro\_week/

Hada Atiyeh (TIAS, 5<sup>th</sup> Batch student at TAIIKU, University of Tsukuba, Tsukuba campus; <a href="http://tias.tsukuba.ac.jp/">http://tias.tsukuba.ac.jp/</a>) volunteered at the event to show her support for the Jordanian embassy and the host town by interacting with the guests who visited the showroom and explaining the purpose of the event through short videos and photo exhibition featuring the cultures of each community, and to describe the traditional delicacies that were available at the event. This was a valuable opportunity to meet individuals from around Japan with similar goals, enabling her to get acquainted with the Host Town Initiative members and exchange contacts with Sport For Tomorrow "SFT" members who were eager to include Hada in upcoming activities to work toward Tokyo 2020 Games.





(Left: Hada with Mr. Rakan Al-Adwan, Consular Section; and Right: Hada with Lina Annab, Ambassador Extraordinary and Plenipotentiary of Jordan to Japan)

1

# October 31<sup>st</sup> till November 7<sup>th</sup> 2020: Translation of Jordan Paralympic Athletes Thank You Message to Noshiro City





Khetam Abuawad: 2 Paralympic Bronze medals in Table Tennis https://www.paraly mpic.org/khetamabuawad



Asma Issa (left)

- Beginner.

Omar Qarada

(right) - 3

Paralympic

Silver medals.

Both are

Powerlifters.

https://www.paralym
pic.org/asma-issa
https://www.paralym
pic.org/omar-sami-hamadeh-qarada

Hada Atiyeh translated two "Thank You Host Town City of Noshiro" messages from Arabic to English Speaker 1: Khettam Abu Awad is a Table Tennis player in the national Jordanian team for the handicap in category 5. She was the first eligible athlete to qualify for the Tokyo 2020 Games in the Jordanian Paralympic Team. She expressed her struggle to maintain her training practice but nonetheless, she was able to overcome the struggle of training at home due to COVID-19. She is very happy to come and train in the training camp at Noshiro city and to explore Japan because it will be her first visit to this beautiful country in the Far East. Speaker 2: Asma and Omar, a married couple who are Weightlifters for the Paralympics in the Jordanian national team, have expressed their excitement heading to the Tokyo 2020 games. They also hope to visit the host town Noshiro City to celebrate their wedding anniversary. The athletes are deeply grateful for the Host Town, Japan, and Jordan for facilitating this opportunity and to embrace and share the cultures through sport.

## November 29<sup>th</sup> 2020: "Sport for Tomorrow × Noshiro Host Town Collaboration Event" at Noshiro City to Support the Jordan Rugby Community





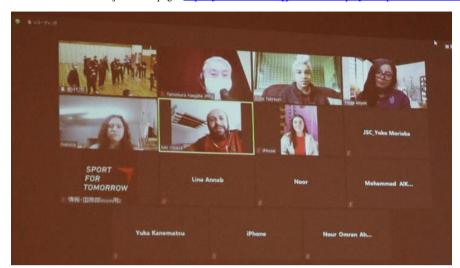
Sport for Tomorrow "SFT" program sponsored the host town event in Noshiro-city, Akita, focusing on sport and culture exchanges with **Jordan Rugby Union "JRU"** in preparation for the Tokyo 2020 Games. The **tag rugby event was live-streamed on the 29<sup>th</sup> of November 2020**, with coaches and players from both countries, enabling them to share opinions and suggestions for training and development during the current COVID-19 restrictions. **Hada's role** was to mediate the conversation to make it easier for both sides to bridge



their understanding of what was being shared and suggested for the training of the rugby players. As a safety measure, the event was held via ZOOM to provide support for Jordan's Rugby Community to reach out to the Noshiro Rugby members online, in Japan.

- Japan Sport Council
  - Facebook (ENG): <a href="https://www.facebook.com/sport4tomorrow/posts/2675443212673100">https://www.facebook.com/sport4tomorrow/posts/2675443212673100</a>

- Twitter (ENG): https://twitter.com/sport4tomorrow/status/1334333439588278272
- Noshiro City, Akita Prefecture Website: <a href="https://www.city.noshiro.lg.jp/sangyo/noshirohosttown/17203">https://www.city.noshiro.lg.jp/sangyo/noshirohosttown/17203</a>
- JRFU Asian Scrum Project Homepage: <a href="https://jrfu-asianscrum.jp/2020/12/03/projects/sport-for-tomorrow/2069/">https://jrfu-asianscrum.jp/2020/12/03/projects/sport-for-tomorrow/2069/</a>





February 20, 2021 Sport for Tomorrow SFT Japan Rugby Football Union JRFU Japan Sport Council JSC: JRFU Asian Scrum Project Documentary Asian Rugby Achievements from 2016 – 2021







The 12-minute documentary was created to introduce the cooperative activities of Japan Rugby Football Union "JRFU" which has collaborated with international Asian Rugby Unions. Sport For Tomorrow "SFT", "JRFU", and Japan Sport Council "JSC" has contributed to promoting rugby in many countries, including the developing countries for Tokyo Olympic and Paralympic Games by sharing their values and beliefs with Asian rugby union members: "No Side" and "One for all, all for one". Moreover, the documentary shed light on the struggles the Japanese rugby players had to face during the pandemic. Hada's duties were to proofread the content in the documentary and check for errors that may have occurred during translations from Japanese to English.

- → JRFU's official channels:
  - Rugby Japan National Team: <a href="https://www.facebook.com/Rugby.Japan/posts/3664252783655697">https://www.facebook.com/Rugby.Japan/posts/3664252783655697</a>

- Japan Rugby Football Union: <a href="https://twitter.com/JRFUMedia/status/1363776806684270592?s=20">https://twitter.com/JRFUMedia/status/1363776806684270592?s=20</a>
- Japan Rugby TV: https://youtu.be/5OI0M9wrB0A



#### INDIVIDUAL ACTIVITY

## Tsukuba (Ibaraki prefecture)-Noshiro (Akita prefecture) Friendship Tour via Fukushima (Mountain Bicycle Trip)

Hada decided to go on a mountain bike trip from University of Tsukuba to Fukushima as a reminder to the catastrophic events (Tsunami & Nuclear disaster) that was caused by the big earthquake on March 11th, 2011, and that also was a big factor in Japan/Tokyo winning the Olympic and Paralympic Games bid. She was the first Jordanian to be accepted into the Tsukuba International Academy for Sport Studies (TIAS-5th Batch) program (an academic legacy project linked to the Tokyo 2020 Games at University of Tsukuba) that was established as part of the SFT "Sport for Tomorrow" initiative to promote sports and the Olympic and Paralympic movements program and international cooperation. Furthermore, Hada wanted to see how the country has been working on in improving the living conditions/environment after the big disaster.



**Overall, the trip was 157 kms by bicycle** and it was a 2 day trip, starting on March 6<sup>th</sup> from University of Tsukuba, and reaching Noshiro (Akita prefecture) on the 8th of March, and **Hada achieved her intended** 

target to reach the host-town on Women's day. International Women's Day 2021 theme was: 'Choose to Challenge', and as an Arab woman, Hada took on the challenge to test her physical and psychological ability by cycling north to Fukushima to experience the changes first-hand, it being 10 years after 3.11.

Moreover, Hada undertook this trip in hope of giving a new insight for other women/Arab women to challenge themselves similarly by putting their own doubts aside and taking a step out of their comfort zone. "The way women are perceived in any Arab country, particularly Jordan, is influenced by a culmination of culture, the traditions, and most importantly the attitudes and beliefs that have managed to pass on through generations. For years women have been constrained by cultural and religious traditional conservatism especially in a country that strongly follows cultures and traditions enforcing false religious views. The first step in breaking the stigma is recognizing that women are capable in achieving great heights and stepping out of that invisible cultural barrier". Hada would like to thank the Embassy of Jordan (Tokyo) for introducing her to the host town city of Noshiro, in Akita prefecture, and the SFT. The host town has been so welcoming and eager to have her on their team to ease any conflict between languages. Coming to Noshiro city personally is a way to show gratitude to the city that cheers for the Jordanian athletes. As a woman alone in a foreign country, Hada have never felt so welcomed and valued within an academic role, and as a human being.







While Hada has only been in Japan for a relatively short amount of time (18 months), she believes it is a genuine reflection of the Japanese culture: OMOTENASHI. Hada would also like to thank her academic supervisor Randeep sensei for encouraging to go on this trip to experience first-hand the life away from the Tokyo region; also to go to both Fukushima and Akita to observe the beauty and culture that is linked to both the 'recovery' Olympics and legacy as host town which is deeply related to the TIAS program.



Hada greatly appreciates and thanks Sanada sensei (TIAS Chair) for teaching the 5<sup>th</sup> batch students about the host towns in his Olympic and Paralympic Education course through which only then Hada was able to find out that Noshiro was the host town for Jordan. Lastly, Hada would like to thank the Jordanian Olympic Committee for nominating her to apply for the TIAS program (under Japan Sports Agency) and supporting her even though the pandemic has affected a lot of her/student's research plans.

Once again, Hada is grateful to be able to take this trip to **Akita via Fukushima**, and importantly, she, in her first stretch of the trip was supported (**cycling together**) by **TIAS2.0 students from Peru** (**Rodrigo**) and **India** (**Tanmoy**) revealing the value of **FRIENDSHIP**. Hada would also like to immensely thank all the people who she met on the way, and the Noshiro city.

Thank you, Japan, Sincerely Yours.

2021.03.22

Hada Atiyeh
TIAS STUDENT, 5<sup>th</sup> Batch
(Sport Science and Medicine module)
Graduate School of Comprehensive Human Sciences,
University of Tsukuba

&

(edited by)

Randsap Rakung

Dr. Randeep RAKWAL, Ph.D.

Professor,

**Faculty of Health and Sport Sciences** 

TIAS - Global Sport Innovation Bldg., Room 403, UNIVERSITY OF TSUKUBA,

1-1-1 Tennodai, Tsukuba, Ibaraki 305-8574, Japan

Email - plantproteomics@gmail.com - rakwal.randeep.fu@u.tsukuba.ac.jp (office) Mobile - (+81) 090-1853-7875 / Office phone - (+81)029-853-2681

Website: <a href="http://tias.tsukuba.ac.jp">http://tias.tsukuba.ac.jp/tias2/</a> / <a href="http://www.trios.tsukuba.ac.jp/en/researcher/000003045">http://www.trios.tsukuba.ac.jp/en/researcher/000003045</a>