

TIAS INDIA MEETING – **“Olympism for Humanity Restoration
Enterprise: Academic Legacy Goals, Scope and Foundations-Towards
Tokyo 2020” / Indo-Japanese Conclave III**

Person-in-coordination (Business Trip): Prof. Randeep Rakwal; Feb. 5th to 20th, 2017

Delegation (Business Trip): Prof. Hisashi Sanada, and delegation (9 TIAS Instructors).

Location I: Main Venue & Partner – MANAV RACHNA INTERNATIONAL UNIVERSITY (MRIU), Faridabad, Sector 43, Suraj Kund Road, Haryana, India; Feb. 13-14th, 2017

Locations II: Associated Venues as per each Meeting and Workshop – MRIU, Faridabad, Haryana State, India; FICCI HQ and SAI India HQ, Delhi, Union Territory, India; NS-NIS (SAI), Patiala, Punjab State, India; MRIS (Manav Rachna International School) Gurgaon, Haryana State, India; and O4H in India Office, Noida, Uttar Pradesh State, India; Feb 15th to 19^h, 2017

REPORT II: Feb 13th to 19th 2017

1. Days 1 and 2 (MRIU, Faridabad): (250 + participants)

The first 2 days of the main Indo-Japanese Conclave III was held at Manav Rachna International University, our long-term collaborator (Prof. Gulshan Khanna was responsible for the coordination there) in education and research. The idea behind the cooperation can be explained in this title **“MRIU_UT_INDIA and JAPAN Partnership-Cooperation & Collaboration in/through SPORT : Shared Vision and Cooperation on Applied Olympic Education and Research”** (Rakwal, UT).

Background – The START with MRIU (Khanna-MRIU, and Rakwal-UT)

- Manav Rachna International University (MRIU), India & University of Tsukuba, Japan cherishes a long-term relationship since 2009. Ever since then, early year PG & PhD students of FAS (Faculty of Applied Sciences) participate in summer training program offered by Tsukuba University. MRIU has signed MOU with Tsukuba University on 1st November 2011.

- 1) Exchange of Professor, Research scholars.
- 2) Collaborative research and joint academic meetings.
- 3) To provide opportunity to students of each university to gain International experience.

RENEWAL – ACCELERATION OF WORKS (Rakwal-UT and Khanna-MRIU)

1. Long-standing cooperation with Manav Rachna International University (MRIU) and University of Tsukuba (UT), Faculty of Health and Sport Sciences (TAIIKU), especially through the Tsukuba Summer Institute Program (TSI) with Invited Lecturer Prof. Gulshan Khanna (MRIU) to TSI. This was the stepping stone toward a MoU between MRIU and UT, and the Indo-Japan Conclaves I and II, and Internship for students. 2016 December visit to Japan by VP, Dr. Amit Bhalla strengthened this cooperation.

2. Since 2015, there have been renewed contacts and discussion between MRIU and UT/TAIKU & Tsukuba International Academy for Sport Studies (TIAS) to move to the next level and in developing ground-based projects, collaborations and student exchange.
3. Due to the up-coming TOKYO 2020 Olympic and Paralympic Games, it is a shared belief among the Faculty of both Universities that India and Japan can collaborate further in the field of Sport as a whole. Thus, the “Olympism for Humanity Restoration Enterprise: Academic Legacy Goals, Scope and Foundations Towards Tokyo 2020” (Feb 13 and 14th, 2017 at MRIU), and beyond to all stakeholders till Feb 19th, 2017.
4. Herein, the Indian PM Modi’s vision to further develop sport as a culture and practice in India targeting the next 3 Olympics, <http://timesofindia.indiatimes.com/india/PM-Narendra-Modi-announces-task-force-to-prepare-for-next-three-Olympics/articleshow/53875978.cms>, presents the right time to promote cooperation and collaboration with Japan (http://www.mofa.go.jp/press/release/press4e_001327.html) in the area of Sport overall, Olympics and Paralympics in specific.
5. A new International Master’s Program in Sport and Olympic Studies at the recently established TIAS at UT, which also has students from India, helps connect the education and research for training / generating future sport leaders and policy makers with India, may it be private/public Universities, national sport organizations and federations, government agencies related to sport, and sport-related NGOs. The TIAS is an educational and legacy program for the Sport for Tomorrow (SFT) project <http://www.sport4tomorrow.jp/about/>. It aims to deliver values of sport and promote the Olympic and Paralympic movement to people of all generations worldwide.
6. The major areas of expertise from UT/TAIKU/TIAS can be in Coaching, Elite Coaching, Curriculum Design, Olympic & Paralympic Education, Adapted/Inclusive Sport, Anti-Doping, and Sport for Development & Peace (Conflict Resolution). Japanese Culture covers cultural aspects in society, and will be important for participating athletes (and people) in Tokyo 2020.

THE IDEA and PLAN AHEAD – INDIA and JAPAN (Rakwal-UT and Manikant-SAI/TIAS)

- ❖ Symposium, on Olympism for Humanity Restoration Enterprise: Academic Legacy Goals, Scope and Foundations Towards Tokyo 2020; is unique in its kind and only very few initiatives have been taken in this direction in India. Since 1951, India has hosted Asian Games 2 times (1951 & 1982) and Common Wealth Games (2010), however, still the sports ecosystem is not that robust in India and Olympic values have not created the desired impact in India. As Tokyo 2020 is round the corner; and it is the time when both the countries should come closer and open multifarious / multiple channels of collaboration to forward the ideals of the Olympic movement.

The possible areas of cooperation :

- Coach Education: It may include the faculty exchange programs , teaching of certain modules of coach education; on field and off field trainings ;courses related to conditioning and

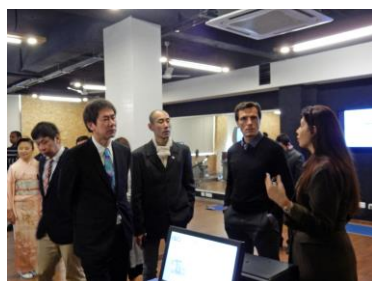
rehabilitation; Coach interactions and suggestions to modify/update the coaching curriculum to meet the international standards.

- Elite performance training: certain aspects of tactical and technical training in the identified disciplines.
- Physical Education: Univ. of Tsukuba has highly qualified Professors in Physical Education with expertise in curriculum design. Collaboration may be sought to revise/update (if required) the physical education curriculum or may be some workshop to exchange the ideas on worldwide practices.
- Exchange programs for athletes in some identified disciplines.
- Training and exchange programs of elite athletes from Tokyo 2020 point of view.
- Sport sciences and high performance.
- Cultural exchange.

With this background, **the first 2-days of the conclave** were planned to be able to present the TIAS vision in conjunction with the opening of the Sport Science Center at MRIU, followed -



MRIE begins a whole new chapter in Olympic Edu.



New Delhi/NCR : Manav Rachna Educational Institutions (MRIE) has always espoused a sports-centric philosophy carrying forward the legacy of Visionary Founder Dr O.P. Bhatta. With the Grand Opening of the Manav Rachna Sports Science Centre at its campus on 13th February, 2017 and the inauguration of Indo-Japanese Conclave-III which is being held from 13-14th February, 2017 in association with University of Tsukuba, Japan, Manav Rachna raised the bar of sporting excellence and glory, even as it showcased its commitment towards promoting Olympic education in the country.

The occasion witnessed Sh. Injeti Srinivas, Secretary (Sports), Govt. of India, Director General, Sports Authority of India (SAI) as the Chief Guest on the august occasion. Sent Satya Bhatta, Chief Patron, MRIE showered her blessing at the launch of the Sports Science Centre while Dr Prashant Bhatta, President, MRIE, presided over the landmark event to motivate the gathering. Also present on the occasion were Dr Amit Bhatta, Vice President, MRIE; Dr Hisashi Sanada, Chairman, Tsukuba Institute of Japan as Guest of Honour; Dr M.M. Sant Satya Bhatta, Chief Patron, MRIE; Dr Prashant Bhatta, President, MRIE; Dr Amit Bhatta, Vice President, MRIE; Dr N.C. Madhwa, VC, MRIE; Dr G.L. Khanna, Dean, FAS, MRIU, among others.

Addressing the gathering, Sh. Injeti Srinivas said, "Heartiest congratulations to Manav Rachna International University for taking on the mantle of promoting Olympism through Indo Japanese Conclave III and supporting elite athletes with a view to enhancing India's sporting performance and yield of medals at the Olympic level. By collaborating with Tsukuba University for this endeavour and launching the Sports Science Centre, they are making a positive contribution towards the development of sports sciences in the country." Through his words of wisdom, Dr Amit Bhatta, Vice President, MRIE said, "We are committed to help talented athletes in optimising their performance through utilization of science, performance testing and monitoring, applied research and education at the Manav Rachna Sports Science Centre. This endeavour is dedicated to the dream our Hon'ble Prime Minister calling for the need for more medals in the forthcoming Tokyo Olympics. We hope to increase world peace through sports training and education with the Indo-Japanese Conclave which will help blend sports, culture and education through two days of brainstorming and deliberations."

by the keynote speech by Secy Sports and DG, SAI (Govt. of India), Shri. Injeti Srinivas outlining his vision for India Sport, short-term and long-term vision and the need for understanding self; and followed by Guest of Honor, lecture by Prof. Sanada as TIAS Chairman, and explaining the long-term investment in Olympic & Paralympic education and the Tokyo 2020 games and beyond, the legacy of Prof. Jigoro Kano, history of University of

Dr Prashant Bhatta, President, MRIE, presenting memento to Sh. Injeti Srinivas, Secretary (Sports), Govt. of India, Director General, Sports Authority of India (SAI) as the Chief Guest on the august occasion. Sent Satya Bhatta, Chief Patron, MRIE showered her blessing at the launch of the Sports Science Centre while Dr Prashant Bhatta, President, MRIE, presided over the landmark event to motivate the gathering. Also present on the occasion were Dr Amit Bhatta, Vice President, MRIE; Dr Hisashi Sanada, Chairman, Tsukuba Institute of Japan as Guest of Honour; Dr M.M. Sant Satya Bhatta, Chief Patron, MRIE; Dr Prashant Bhatta, President, MRIE; Dr Amit Bhatta, Vice President, MRIE; Dr N.C. Madhwa, VC, MRIE; Dr G.L. Khanna, Dean, FAS, MRIU, among others.

toration Enterprise: Academic Legacy Goals, Scope, and Foundations - Towards Tokyo 2020 is looking at various key areas in sports science like Olympic Education, Physical Education and Sports Science, Anti Doping & Sports Science, Coaching Science, Sports Nutrition and Training. Eminent professionals of Olympic education, physical education and sports sciences from India and Japan are there on one platform to exchange thoughts, share new ideas and concepts.

Tsukuba and what it means to be part of the Olympic Movement (Prof. Hisashi SANADA, PhD, Chairman TIAS The Olympic & Paralympic Education and TOKYO 2020 Games).



For myself (Randeep), I had a short talk that explained the reasons for being in India today (Feb 13th) with the theme “Olympism for Humanity Restoration Enterprise: Academic Legacy Goals, Scope and Foundations Towards Tokyo 2020”, (Prof. Randeep RAKWAL, PhD Shared Vision and Cooperation on Applied Olympic Education and Research: University of Tsukuba and MRIU – India and Japan) not only for the 2 days at MRIU but also the idea behind the next five-days in India, in collaboration with various partners in Sport and Olympism, from private universities (MRIU is a great example) to government universities (Delhi University, for example), and other attending universities and institutions (IOA, IPC in India) involved in sport and Olympic movement in India, sport-related industries and institution’s, business (FICCI), Government of India; SAI, India), National Institute of Sports (NS-NIS, Patiala; SAI-India), International schools, NGOs/NPOs; **Sustainable Academic Legacy is the key.**



“Start made at MRIU, Investment in Sport Education and Training”; Thanks Prof. Gulshan Khanna.

I see the following and which was well received to whomever we met and spoke to: Future projects arising from this week-long interaction will be followed up under the “Sustainable Academic Legacy-Applied Olympic Education” and the **Concept Note** (prepared by Dr. Alexis Lyras/TIAS-University of Tsukuba, and O4H) introduced to all stakeholders in India. The reason is simple to promote a long-standing plan / vision and

mission to India by interested Faculty (from within TIAS and outside TIAS, i.e. TAIKU, and University of Tsukuba) and students and NGOs/NPOs and business corporations from Japan in India (e.g., Suzuki, Toyota, Mitsubishi, Kubota, etc.), and the associations from Japan – JICA, as also discussed and proposed by Profs. Okade and Hasegawa (UT), before and after the India trip. The Embassy of India in Tokyo, and the Embassy of Japan in Delhi would be key partners for bilateral issues, and SAI-India (AD, Manikant Sharma/2nd Batch student, coordinating) will be a key partner in this collaboration between India and Japan. Moreover, with the inputs and shared learning obtained in India, a joint proposal based on the CONCEPT and VISION is being put, step by step, with partners in India, Japan, Greece (and Cyprus), and USA (O4H) (Universities and Corporations and Sponsors) for follow up on the 2017 Feb-India project. All interested Faculty members are welcome to join in the new projects and share ideas with a **holistic approach** of academic-research-social contribution/transformation at heart; the year 2017 will be key. Students, as already seen (Momoko Narimatsu – Indiability, Sneha Gupta; and Takashi Waseda – O4H in India, under Pratik Kumar) are working towards their Internships in India with partner organizations and collaborators/colleagues; and as mentioned by Pratik (exCEO, MagicBus and now also supporting O4H in India), Mona (NGO), Sujit (FICCI), and Sneha (Indiability), among others (Dr. Rakesh and Dr. Benu, DU), this is the time for CHANGE – SPORT - EDUCATION & SOCIAL DEVELOPMENT in India through OLYMPISM; and we have full support as indicated from Academia (MRIU, DU, others), Government (SAI), Business (FICCI), and NGOs. All this enthusiasm and momentum and need makes the India trip worthwhile, and promote the Olympic Education values and the Olympic-Paralympic Spirit of Body, Will and Mind (a concept also at the heart of YOGA). **Once again, not forgetting this all would not have happened without TIAS and MRIU, and the participants therein. I thank them all.**

The talks presented by TIAS members are as follows from Day 1 to Day 2: Assoc. Prof. Alexis Lyras, PhD Olympism Program for Applied and Sustainable Academic Legacies: The Vision; Asst. Prof. Taku Yamaguchi, MSc Power of Sport in Local Community Development: A Case Study of Cambodia; Assoc. Prof. Guido Geisler, PhD Cross-Cultural Considerations in Competitive Sport Cognitions: Implications for Coaching Practice; Assoc. Prof. Koichi Watanabe, MD Sports, Wellness and Anti-Doping; Assoc. Prof. Yukinori Sawae, PhD “Adapted” Physical Education and Activities for Students with Disabilities; Assoc. Prof. Zubaidullo Ubaidulloev, PhD India-Japan Relations: A New Phase of Friendship and Cooperation in the 21st Century; and finally by Visiting Prof. Izumi Egami Japanese Culture and Omotenashi. Finally, a cultural program was presented by MRIU students celebrating India-Japan music and culture themes. These talks and discussions therein generated great interest in the Olympic Movement (Olympic and Paralympic education), Tokyo 2020, Olympism concept (O4H), SDP theory and practice, peace building & conflict

resolution (example of J&K) coaching (education and development), India-Japan relations and Japanese culture (Omotenashi); **created a good impression of TIAS/SFT legacy program, with widespread acclaim and enthusiasm for Olympism/Olympic Movement.**



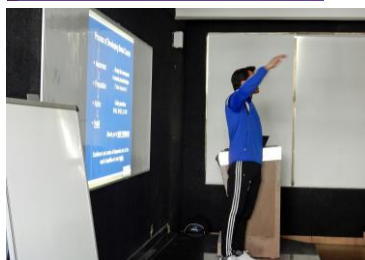
“Shall we - Cultural exchange / Japanese Culture and the Omotenashi Spirit”



The Day 2 was a full workshop session by Dr. Alexis and team (Mr. Pratik and Dr. Benu) on Applied Olympism (O4H), Dr. Geisler (Game Sense Coaching; see also report prepared by Dr. Guido Geisler- *TIAS India Project - Summary (G. Geisler), Appendix I*), Dr. Sawae (Adapted/Inclusive Sport) along with students Waseda and Sugiyama, and Dr. Watanabe (Anti-Doping and Play True) along with student Momoko (TIAS 2nd Batch; pre-internship training and networking), with Oral presentations from the participants and poster presentations by the students of the conclave. These workshops though were time-limited as sessions were joined/integrated with Indian experts/colleagues (to increase participation and discussion), strongly conveyed the spirit of the TIAS academic program at University of Tsukuba, and the Sport for Tomorrow legacy and its 3 pillars. Importantly, each workshop conveyed & shared the expertise of Professors at TIAS; there was much interest in the shared teaching and learning and the Olympism concept, whose value was felt at grassroots level. Both Game Sense Coaching and Adapted/Disability Sport were new concepts and raised questions in the minds of the participants, positive and negative, **planting the seeds of change in the minds of Indian Sport Educators/People**; participants were actively engaged.

Feb 14th
WORKSHOPS
ALEXIS, GUIDO, WATANABE, SAWAE
 [Olympism, Game Sense, Anti-Doping, Adapted Sport]

Assoc. Prof. Alexis Lyras, PhD
 Assoc. Prof. Guido Geisler, PhD
 Assoc. Prof. Kotchi Watanabe, MD
 Assoc. Prof. Yukinori Sawae, PhD



“Education & Research key components at TIAS”



2. Day 3 (FICCI and SAI, Delhi): (50 + participants)

The Day 3 (Feb 15th) **morning session, was held at FICCI** HQ, Mandi House, Delhi, where the Japanese delegation (us from University of Tsukuba) presented (first, by Prof. Sanada, and then by Dr. Alexis and a demonstration of Japanese Business Culture by Visit. Prof. Izumi Egami) and discussed with FICCI panel (led by Mr. Rajpal Singh, Director) and invited guest (from the FICCI side, including India Judo Federation President and Embassy of Japan in India, officials) under the topic – “Olympism: Sport and Society, Business and Contribution”. Active discussions, Q&A, and inputs from Dr. Yamaguchi were made on SFT and funding for sports in general in Japan. Dr. Sawae presented his views on the Paralympic movement, education and inclusiveness in Japan, which was translated by Momoko (Momoko’s notes during the meeting; *FICCI&WorkshopNOTES; Appendix2, Feb15th, pp1-4*). It was a constructive first meeting for both FICCI and Japan (University of Tsukuba), and Prof. Hisashi Sanada Olympic Education background and vision for overall development of sport and the Olympic movement as achieved in Japan, and Olympism by Dr. Alexis Lyras as a long-term strategy in Indian context, was useful. We had comments from Mr. Mukesh Kumar, President Judo Federation of India, and Japanese Embassy (in India) officials, Mr. Shunichi Inoue and Mr. Daisuke Kodama, on on-going cooperation between India and Japan, especially a recent collaboration with Budokan, and the 2017 being the Japan India (JI2017) Friendship year. Asked on role of Japan in Asian context and mega-sporting events, I have explained along with Yamaguchi sensei that Japanese Government has already initiated a program called “Sports for Tomorrow”. This program has 3 pillars of contribution towards the sporting world was explained: Academy for tomorrow’s leader in sport – establishment of TIAS; International corporation and exchange through sports; and Anti-Doping (Dr. Watanabe was introduced as a lead person from University of Tsukuba for PlayTrue). It was also good to have the time to listen to other invited participants, and hear their views from the Indian context, on role of Business in Sport, Corporate Social Responsibility and NGOs funding, state of the Government funding for sports and associated educational activities, among others; the Moderator, Mr. Sushant played a substantial role in steering the meeting. FICCI and our delegation could discuss possible areas of future cooperation based on not only FICCI’s vision but also Indian PM Modi’s vision for the up-coming three Olympic and Paralympic Games, starting Tokyo 2020. Appreciation also goes to Prof. G.L. Khanna, our long-standing collaborator and colleague for coordinating with FICCI. The possibility of a MoU was also discussed between FICCI and University of Tsukuba, and under the overall framework of the Sustainable Applied Olympic Education framework umbrella. Post-lunch, we had further discussions with a member (Mr. Om Pathak) of the newly appointed Task Force Committee (<http://timesofindia.indiatimes.com/sports/more-sports/others/immediate-priority-of-task-force-is-2020-tokyo-olympics-viren-rasquinha/articleshow/56955566.cms>) by Indian Government, under PM Modi for the 3 Olympics and Paralympics Games, where

he (Mr. Pathak) and Prof. Khanna (MRIU) discussed on specific directions and recommendations for India to achieve not only the GOLD medals, but as we put it, a short-term and long-term plan for the overall development of sport and Olympic Movement, Olympism and Education in India, and Paralympic Education once again emphasized by Dr. Sawae. Dr. Guido also re-emphasized the importance of not only bringing international experts to India, but also the value and need to send Indian athletes and Coaches and Scientists and Policymakers to Japan to imbibe the Japanese culture of Sport and Olympic Movement. I have proposed to Prof. Khanna, a Task Force Committee member to have International Experts as Consultants, including from Japan, for meaningfully contribution and with credit, to Indian Sport and Olympic Movement. **In all, a great morning session talking to Stakeholders in Industry and the hope of future cooperation between Academia and Industry, India and Japan.**



The afternoon session was held at (<http://sportsauthorityofindia.nic.in/>) ; ...“The Sports Authority of India (SAI), a successor organization of the IXth Asian Games held in New

Delhi in 1982, was set up as a Society registered of Societies Act, 1860 in pursuance of the Resolution No. 1-1/83/SAI dated 25th January 1984 of the Department of Sports, Govt. of India with the objective of promotion of Sports and Games as detailed in the Resolution”.... (<http://sportsauthorityofindia.nic.in/>). On behalf of especially, Prof. Hisashi Sanada, Chairman, TIAS, and my colleagues Dr. Alexis Lyras and Dr. Guido Geisler, it can be said that the meeting with DG, SAI and Secy (Sports), Shri. Injeti Srinivas was highly productive in terms of shared vision on OLYMPIC MOVEMENT and LEGACY, and the need for change starting at the grassroots level was evident. We discussed and exchanged views and discuss with the Senior Team (SAI) on both short-term and long-term goals for Indian Sport as a whole, and in particular what University of Tsukuba and Japan can contribute towards in a positive manner. As also mentioned by Prof. Sanada, long-term focus on Olympic Education/Olympism and Sport Science are important areas of consideration. Dr. Alexis mentioned the Sustainable Academic Legacy (TIAS is a part of the Sport for Tomorrow education legacy program) is the next step forward for all under the Olympism for Humanity alliance (O4H), which has generated interest and been well received by all stakeholders during the 7-day program. Finally, Dr. Guido’s coach education/development along with talent identification and long-term athlete development careers are to be actively considered, and it was well-received at NS-NIS. Appreciation also to Prof. G.L. Khanna, our long-standing collaborator and colleague, to join the meeting and discussion, especially in context of Sport Sciences. It was a great opportunity and meaningful exchange, and which was followed up the very next day at NS-NIS, Patiala (SAI, India), by conducting our Coach Development/Education, Olympism (O4H Praxis) and Anti-Doping workshop. The procedures for application to the TIAS Master’s program, and potential applicant’s from SAI to the 3rd batch, which may be of interest to your young coaches and scientists was informed and discussed with the Executive Director (ED) Dr. S.S. Roy and Dean, Dr. Rajdeep Kaur, and Senior Coaches. I would also like to thank Mr. Manikant Sharma (AD, SAI, and 2nd Batch TIAS Master’s program student, University of Tsukuba) for his active involvement and discussions, before and during the trip to India, especially for NS-NIS. **Key is to see, listen and share, adapt and follow up with action; sustainability is critical.**



3. Days 4 and 5 (NS-NIS, Patiala): (300 + participants)

The Days 4 and 5 (Feb 15th and 17th) were held at NS-NIS Patiala (Netaji Subhas National Institute of Sports). The 2-day workshop at NS-NIS, and the great hospitality, to Drs. Guido, Alexis and myself from University of Tsukuba was beyond words. I hope all participants had something new to learn, and I can say we learnt also greatly from our interactions with them. Dr. Guido's coach education/development workshop infused with Olympism (O4H Praxis) lecture from Dr. Alexis and TIAS/SFT information with anti-doping lecture (with permission and slides from Dr. Watanabe), myself was a good start is my feeling. The mutual exchange that followed each session in and off the conference halls was most beneficial for us to further think about our future collaboration, as required. Great appreciation to ED, Dr. Roy, Dean, Dr. Kaur, and the Senior Coaches, Dr. Nagi and Mr. Harminder, and many others for their great support, and the Staffs, Diploma trainees' and Athletes for their active participation in making the workshop a success. It is with great honor and tradition of India and Punjab that we were received and taken care of both inside the Institute and the Guest House. **As indicated by Dr. Guido in his ppt. profile/activities**, the main part of the workshop was as follows – *“Cross-Cultural Considerations in Competitive Sport Cognitions: Implications for Coaching Practice: The TALK will underline the value of cross-cultural study in sport and sport coaching through selected cross-cultural research findings. Links will also be drawn between those findings and real-life phenomena/behaviours. The topics are - Why address culture in sport? (Understanding sport “culture” & how cultures can differ), Selected East-West studies – team & individual sport (Anxiety intensity & direction, Achievement goal orientation, Evaluative fear, Motivational climate & perceived coaching style), Broader societal links (Japan focus) & implications for coaching (Individualism & collectivism, Importance of winning, Dual emphases on outcome & process, Context-specific behaviours, Guidelines for coaches in different cultural settings). The WORKSHOP will be entitled – “Game Sense” Coaching – Sample Soccer Session. The workshop will illustrate two types of “game sense” training methods for a team invasion game (soccer). Key topics will be - Broad/global approach rather than mechanical/drill-based (Exposure to various modified games to combine the development/refinement of technical skills with the application of various tactical considerations (by fostering game intelligence, decision-making, & problem solving) – i.e., training technique within tactical game contexts), Warming up in game settings (Combined physical & cognitive engagement), “Game Sense” approach #1 (Game – technique – game – technique – game; technique practice is specific to game demands), “Game Sense” approach #2 (Game – game – game; each with increasing (tactical) complexity & different technical demands), Tactical objectives (Use of space/creating space; off-the-ball support; establishing width & depth; combination play; mixing short & long passes), and Also: Fitness training with the ball (Technique-based approach to fitness)”. Please see also the report by Dr. Guido Geisler- TIAS India Project -*

Summary (G. Geisler)), Appendix I. These one and a half days were extremely well received by the participants, highly interactive and meaningful. The afternoon session on Day 2, was by Dr. Alexis on – “Olympism, Olympic Education Value, Dual Careers, Community Coaching, and concluded by myself (Randeep) on TIAS vision and mission and explanation on the anti-doping system in Japan (Dr. Watanabe slides and with permission). The 2-days were nicely summarized by the Dean, Dr. Kaur, whose one statement to the participants was to prepare well today for tomorrow, and the need to work hard and infuse the Olympism spirit and values in coaching practice. Finally, we discussed further cooperation and collaborations with the ED, Dr. Roy, and the invitation to come again, especially Dr. Guido for Soccer coaching and training program; we have proposed a 5-day integrated Coach Education Development program with Olympism and Anti-Doping for holistic development of diploma trainees (coaches). Thanks Manikant for coordination/follow up.



“In the Hall and on the Ground” (Total Participation)



“Talking to the Coaches – Explaining how the Game Teaches – it is all about the Game & Game Sense Coaching technique”



“Unique Shared Experience – Investment in Coaches for Sport and Olympism, Winning Medals, Community Coaching, and Future Careers”

4. Days 4 (Punjab University, others, Chandigarh): (600 + participants)

Additional lectures/talks and meetings were held by Dr. Alexis Lyras on the 16th next to NS-NIS, Patiala, with various stakeholders in the Punjab state of India (with a very large and dedicated Sport Education and Practice population). Talks were held in 5 individual events with/on the following: **Inter College Yoga Championship**, Dev Samaj College of Education Sector 36B, Chandigarh, Chandigarh 160036, India; **Interactive Session on Olympism**, Government College for Girls Sector 42, Chandigarh, Chandigarh 160036, India; **Meeting with Joint Director, Sports Chandigarh Administration**, Sector 42, Chandigarh (Topic - Sports Policy of Chandigarh Administration) ; **Expert lecture on Olympism**, Govt. College, Sector-11, Chandigarh; **Meeting with Director, Directorate of Sports and interaction with players**, Punjab University Sector 14 Punjab University, Chandigarh, Chandigarh 160014, India. Chandigarh (Punjab state) is ripe and hungry for the systematic development of Olympism/SDP/Olympic-Paralympic Education programs in India context at University/College levels across genders; **forming another project on the ground.**



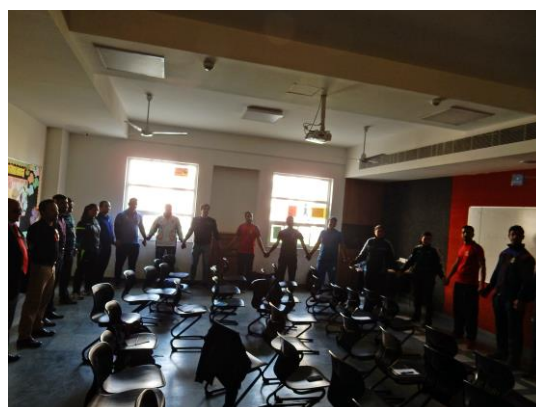
“Awaiting the lectures and are ready to learn development - ground in the state



follow up of the meetings – Students and running social-projects on the of Punjab”

5. Days 6 and 7 (MRIS, Gurgaon, and O4H, Noida): (50 + participants)

The last 2-days in India (Feb 18th and 19th) were devoted to the OLYMPISM in action, with O4H alliance, mission and visions for India, starting at Day 6th (18th) at the MRIS (International school) with colleagues and partners in O4H in India (e.g., Pratik, Benu, Neeraj, Sujit); along with Prof. Khanna (MRIU) coordinating the school workshop in Gurgaon, Haryana state. Divided into 2 sections, the first focused on young students, coaches and PE teachers from various institutions using the classroom to introduce the concept of Olympism and then to the field for activities (sport) in each group (young and adults); it was aimed at learning and understanding the values of Olympism and application to daily life, starting with the kids and infusing the coaches and PE teachers with new knowledge and motivation to initiate the change therein. The second focused on adults (Coaches and PE teachers) in the classroom discussing the importance of Olympism, values and translation of those to the younger generation, the school kids in particular. Momoko and Waseda, TIAS and IDS student's provided a short interactive session on disability awareness and Paralympic values (Momoko's notes during the meeting; *FICCI&WorkshopNOTES; Appendix2, Feb15th, p 5*). The day was concluded by making a commitment by all participants to uphold Olympism for Humanity and OLYMPIC-PARALYMPIC VALUES. Once again, by this session, a great interest and excitement was generated and which was genuine, and reflected in the pledge by Pratik to make a start today for **spreading Olympism**, from MRIS, Gurgaon to all over India.





The last day on the 19th, was dedicated to Olympism for Humanity Restoration Enterprise: Olympism for Humanity (O4H) Praxis, Sustainable Development and Innovation meeting, by invitation, and the O4H Restoration Enterprise Workshop Objectives meant to Invite key stakeholders, trying to build the enthusiasm, and engagement for establishing an Olympism for Humanity Community/Hub in India with year-long sustainable ventures; and **Applied Olympism DIE program DIE (design, implementation and evaluation)**;; synthesize into collective. This was facilitated and co-led by Olympism for Humanity India Allies (Mr. Pratik Kumar, and Dr. Benu Gupta and Mr. Neeraj Mehra); It was attended by Dr. Alexis Lyras, Mr. Pratik Kumar, Ms. Sneha Gupta, Ms. Mona Shipley, Dr. Ajit Kumar, Dr. Rakesh Gupta, Dr. Anek Goel, Prof. Randeep Rakwal, Dr. Vineet Mehta, Dr. Ekta Bhushan Satsangi, Mr. Neeraj Kumar Mehra, Dr. Benu Gupta, Mr. Sujit Panigrahi, Mr. Takashi Waseda. Summarized by Alexis, concepts and discussions focused on - Library info. & Olympic civilization Humanity (India humanistic element); Jigoro Kano's spirits of Budo, Creating paradigm, Yoga, local context and culture; Activities on the ground for a purpose, O4H Alliance, Many Layers and Stakeholders are necessary and existed; Solid Structure (Road Map) and Actions Under O4H; Core Vision & Purpose (Olympism, Philosophy,); and Evaluation & Assessment Based on Academic Field (Info.) (Waseda's notes during the meeting; *Appendix3_O4H 19_02_2017_Waseda_MomokoEdit*). Other than the obvious ecosystems, need for More broad distribution "Olympism" Education (*not only Olympic Games); Research mechanism (Olympism Center), international creative department (with NOC....); Manual & Book, Resources Olympic Education or concept, Research; e-learning; Support by Big Organization, FICCI, NOC, UNIVs., for launching advanced and powerful

organization to spread Olympism, are needed. Finally, as the aim, and as stated at the top for the social development change, education and research included, What should we do first? In next 6 months! Briefly, the points are - Target two Sectors: Educational institution & NGOs in community; Programs Which Stakeholders Charter Target Group Based; Funding Problem (CSR) = Attractive Project Proposal is required; Product & Organization registration – charity; and Well-designed & well-ensured planning and framework of project. The first step will be on 6th April (Launch Date) 1st Event: Running, 1-day SAM (Workshop), 3-days ToT (Training of Trainers). CONCEPT NOTE (Alexis) for Sustainable Applied Olympic Education and O4H. (Appendix4_Day7_Randeep)



VISION & THE PLAN AHEAD for 2017 & BEYOND:

Under “Sustainable Academic Legacy-Applied Olympic Education” (Original Idea & Concept Note prepared by Dr. Alexis Lyras), **the key to a long-term vision and mission for Sport and Olympism not only in India, but taking India as a Case Study, we (ideas taken from discussions with Alexis, Guido, and Sawae, Okade & Hasegawa) will take the following approach, as a start.**

1. a 3-way dialogue with partner countries involved: for example, dialogue between India (where there is need for drastic change in Sport and Olympism mindset, and as seen in Feb 2017 meetings in India the will to do it by the stakeholders, academicians and professionals alike), Japan (East and West, ad Jigoro Kano philosophy), and Greece (to understand the context, the layers and the culture – the community). Nepal, Sri Lanka, USA & Cyprus are partner countries. This has been started at MRIU first as part of Indo-Japanese Conclaves, and is being continued at various levels with identified partners. The “Olympism for Humanity Restoration Enterprise: Academic Legacy Goals, Scope and Foundations-Towards Tokyo 2020” based on Prof. Sanada’s vision for Olympic-Paralympic Education and Dr. Alexis Lyras “Concept Note”, will be used as a basis for working towards these goals, under the O4H Praxis in India, in particular.

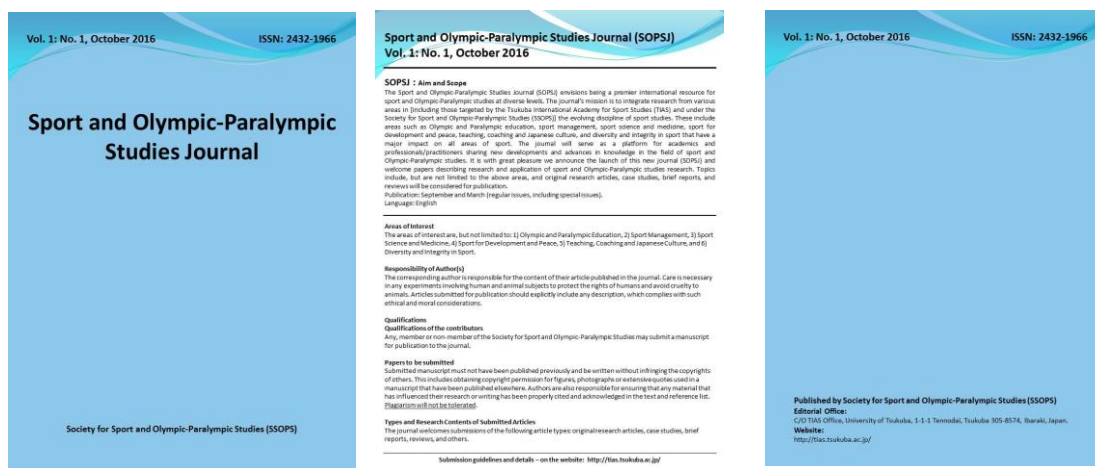
2. the HUBS on the ground: in India (O4H in India, for example to have partners for a start, initial projects with Interns; Momoko in Indiability, Waseda in O4H in India with Pratik), Greece (Panellinos gymnastic club), and Japan (University of Tsukuba-TAIKU-TIAS) as a start. The Summer program and the Winter-Spring program will be designed and presented to all stakeholders for discussion and follow up. Dr. Guido Geisler’s Game Sense Coaching under the Teaching Coaching and Japanese Culture module of TIAS, generated great interest among Coaches, and invitations for a Lecture Series and Training are on the table to be followed up in fiscal year 2017.

- Additionally, there is an urgent need for **Physical Education Curriculum in Indian Context – Identifying the Gaps, Sharing our Expertise:** for example with Okade sensei, Hasegawa sensei and other interested colleagues in Faculty of Health and Sport Sciences/TAIKU (University of Tsukuba); for example a) 'PE study Analysis’ / Ball games, tactical game approach, cooperative learning and Sport Education Model (TG-CL-SE model) - from Dr. Hasegawa, and b) Flag Football - from Dr. Okade. In India, we will need - a) from Universities & Schools and NGOs, an update/short report on PE system; b) available curriculum for Elementary, Junior and Senior High Schools, and Universities; c) to know what is the need of PE?, or how PE can be used to learning models in schools in India? Not to forget, the importance of Inclusive Education and Sport (Dr. Sawae).

3. FOLLOW UP: First, developing the SUMMER (in Greece, July-Aug, 2017) and WINTER (Feb, 2018) INTEGRATED programs (Certificate & Training) on OLYMPIC-PARALYMPIC EDUCATION/OLYMPISM for HUMANITY/SDP/PEACE BUILDING & CONFLICT RESOLUTION – COACH EDUCATION & DEVELOPMENT – ADPATED SPORT/INCLUSIVE – PHYSICAL EDUCATION CURRICULUM, with partners/organizations (identified in India) is the immediate priority, based on observing the Indian context. **Second,** a MoU with Government of India (SAI and University of Tsukuba, India and Japan), Letter of Intent with partners, is another move.

Summary of OUTCOMES from the INDIA Trip:

1. Spreading the **TIAS educational legacy program** (Professors, Modules, Research and Activities therein), University of Tsukuba, and the OLYMPIC MOVEMENT/OLYMPISM to wide range of participants, from India (mostly), Indonesia, Sri Lanka, and Nepal; **KEY POINT is what TIAS (SFT program) can SHARE with Indian Academicians/Partners;** No. of participants reached ~ 1,250 +.
2. Student's **Internships** (2nd Batch, & IDS program); **Project-based & Job prospects** for TIAS 1st Batch Students; **Applications** to TIAS Master's program (3rd Batch).
3. **Introducing the SOPSJ**, and inviting excellent papers on sport and Olympic-Paralympic studies from Scientists from India, Nepal and Sri Lanka (received a first submission from Sri Lankan University).
4. Identifying **Guest Speakers** for Olympic-Paralympic Education, Olympism, SDP, Disability/Inclusive, & NGOs; Ideas for Inter-Module Seminars in Spring/Autumn Semesters (exposing & benefiting TIAS students to new ideas in sport/Olympism).



5. Identifying areas of **further cooperation** with MRIU and the Sport Academy, Delhi University, SAI-India, and NGOs; MoUs or Letters of Agreement or Intent under discussion and/or in progress; Networking.
6. Commitment to **jointly develop projects** with TIAS-TAIKU-UNIVERSITY of TSUKUBA; Universities (MRIU – DU, etc.) and Schools; NGOs with O4H alliance, USA and O4H in India; and INDIA and JAPAN.
7. Follow up of the – “**Sustainable Academic Legacy-Applied Olympic Education**” project in India by Prof. Randeep Rakwal (in discussion with participating Faculty members); the reason is to maximize the efforts and energy without losing focus and keeping the pace, especially keeping the TIAS program timelines and schedules for students in mind, and building on the momentum gained in India; **2017 will be key.**

Randeep Rakwal
March, 2017 - Tsukuba, Japan



THANK YOU MRIU, INDIA and TIAS-UT, JAPAN
&
ALL COLLEAGUES, FRIENDS, PARTICIPANTS & STUDENTS

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