# SFT International Sport Academy Tri-University Joint Seminar - 2019-09-06@NSSU-NCDA

## A REPORT of INTERACTION and NETWORKING between NCDA-TIAS-NIFISA

The **SFT International Sport Academy Tri-University Joint Seminar 2019 on 6th September** was held at NCDA-NSSU (NITTAIDAI), Setagaya campus; together with NIFISA (Kanoya, Kagoshima, Kyushu) and **TIAS** (TAIIKU-UT), from where, a 4<sup>th</sup> The 10th NIFISA Seminar Sports Performance Course.

Batch student – with coaching interests, from Singapore – **Mr. JOSHUA Kwee Jia Ming** took part (and also for the upcoming NCDA program from 9<sup>th</sup> to 13<sup>th</sup> September, 2019 at NSSU) and TIAS research **Dr. Kazuhiro KAJITA** (Baseball Coach and PE in Colleges and Universities as a research topic).

Following up on the previous (2018) where а wonderful seminar, interaction took place between all members and TIAS 3<sup>rd</sup> batch students from Rwanda, and connecting these voung and determined sport professionals from around the world, the Tri-University Joint Academy Project has seen its NETWORK grow stronger. This year again, 2019 brings us together with determined 'to contribute-develop-change the way the world through sport' and it was an excellent day to join once again NCDA-NIFISA-TIAS together at the Tokyo (Setagaya) Campus of NSSU, home to the NCDA. Thank you Prof. Masamitsu ITO and NCDA TEAM for the opportunity, once again, to present about TIAS and having our student from Singapore join the coaching program in the following



week. The program started with a Tour of the Sporting-Training-Education Faculties by the Graduate





The 10th NIFISA Seminar Sports Performance Course, August – September, 2019 Faculty of Health and Sport Sciences & Tsukuba International Academy for Sport Studies (TIAS), University of Tsukuba

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Students of NSSU, and accompanied by the Staffs of the 3 academies; and included an interesting 'ice-breaker', getting to each other better. Next, there was an introduction of various international activities – **community of practice** and NEPP (**NSSU Expansion of Para-Sports Participants**) by the NSSU Staffs.





This was followed by a wonderful lunch with all members at the cafeteria – and chance to observe the 'cafeteria system' and food choices.







Post-lunch, meeting **Prof. Yoshinori OKADE** (ex-TIAS, UT) and emphasizing the importance of 'networking' and working together and sharing information – **JOSHUA** and **KAJITA** and myself.

This 'theme'-COOPERATION was well explained and demonstrated by the Keynote Speaker – **Presidente (Cape Verde) J. RODRIGO** 

**BEJARANO**, and who is

Secretary

General of the African Paralympic Committee. An inspiring speech on his journey to now, how he started involving people with disability in sport to having role models and participation in the



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2019/09/06- Excellent - Inspiring Speech freeze

Paralympic Movement...Importantly, how we use words in sports was emphasized, and the nature of cooperation over help, challenge over problem was elegantly presented. Who said, 'Paralympics' is not fun...



Next, NIFISA participant representatives (Ryan from USA and Ms. Licda. Andrea Barrios from Guatemala) presented their experiences in the 'sports performance course; and where a TIAS 4<sup>th</sup> batch student, Ms. Giwba COLE, majoring in the sports science and medicine module (same as Josh) joined them as a cooperation with Kanoya; Thank you Prof. OGITA and TEAM for the support and opportunity to Gibwa. The international students presented their learning at the impressive High Performance Centre with the –state of art- technology, both theory and utilization in practice, including their practice and knowing the spirit of Japanese Martial Arts-KENDO and JUDO. The amazing cultural experience in particular the 'home-stay' program was greatly appreciated.



The afternoon session continued with a presentation by myself (Randeep) about the SFT-Academy Project with TIAS as a component of the Academic Legacy as a Master's Program in Sport And Olympic Studies at University of Tsukuba (with some slides from Prof. Hisashi SANADA, Chairman of TIAS explaining the 3 pillars of vision – 'achieving personal best, unity in diversity, and connecting to tomorrow' along with words of wisdom from Jigoro KANO sensei-Father of Judo) along with JOSHUA (TIAS 4<sup>th</sup> Batch) on his background and the reasons to be at TIAS and Key Learning in Sports Science in Coaching context and SINGAPORE FOOTBALL, and his INTERNSHIP experience. JOSHUA's



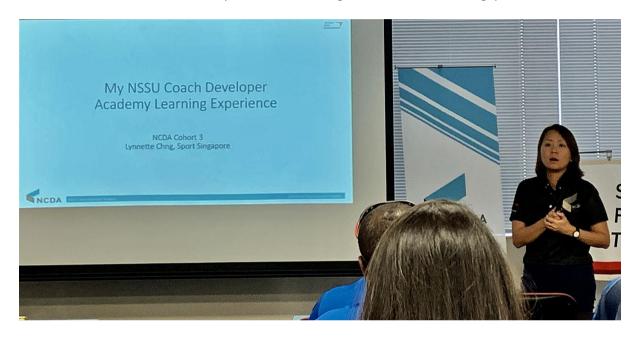
key points / learnings at the TIAS program are as follows : - "Learn and appreciate the

# 2019

# Olympic Movement, Exposure to other fields of sport Cultural exchange , Learning the Japanese way, and Making connections".



The final presentation was from NCDA – the HOST of this seminar; with **Dr. Shigeki SARODO** making the initial talks explaining the Tri-University Cooperation and work done by their 'coach developer academy' and also their Alumni back in their home countries, including 3 TIAS alumni who were part of the 2018 Coach Developer Academy week-long training program; namely **Celestin and Shema from Rwanda and Taci from Brazil**; and another **NCDA 3<sup>rd</sup> Cohort** member, **Ms. Lynnette CHNG, form SPORTS SIGNAPORE**, who explained her learnings and works back in Singapore.





A **PRACTICAL 'Group Work' type session** was the conclusion of the day's seminar by each Academy members discussing about their learnings, challenges and future impacts in their countries.

2019



We also had a brief talk from ICCE President, Mr. John BALES, and partner with NCDA, on the GLOBAL COACH CONFERENCE, to be held in October 2019, in Japan.



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Taken together, a wonderful conclusion to the Tri-University SEMINAR at NCDA with new FRIENDS – new LEARNINGS, and – excellent NETWORKING.

### Thank you.

Sincerely Yours,

Randeep Rakury

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2019-09-08

# NOTES:

**NSSU Coach Developer Academy:** Nippon Sport Science University (NSSU) Coach Developer Academy was established to foster future international 'Coach Developers' and to construct a network of coach developers all over the world. This academy is part of 'Sport for Tomorrow' programme of the Japan Sports Agency (JSA) for the 2020 Tokyo Olympic and Paralympic Games. Proudly collaborating with the International Council for Coaching Excellence (ICCE), NSSU Coach Developer Academy provides training programmes with blended learning opportunities for the future coach developers. Creating coaching cultures that leads to positive experiences for everyone through sport is the vision that we have of the academy. <a href="https://www.ncda.tokyo/">https://www.ncda.tokyo/</a>

TIAS: <u>http://tias.tsukuba.ac.jp/</u>; NIFISA-NIFS at Kanoya: <u>http://tias.tsukuba.ac.jp/</u>; SFT: <u>https://www.sport4tomorrow.jp/</u>