

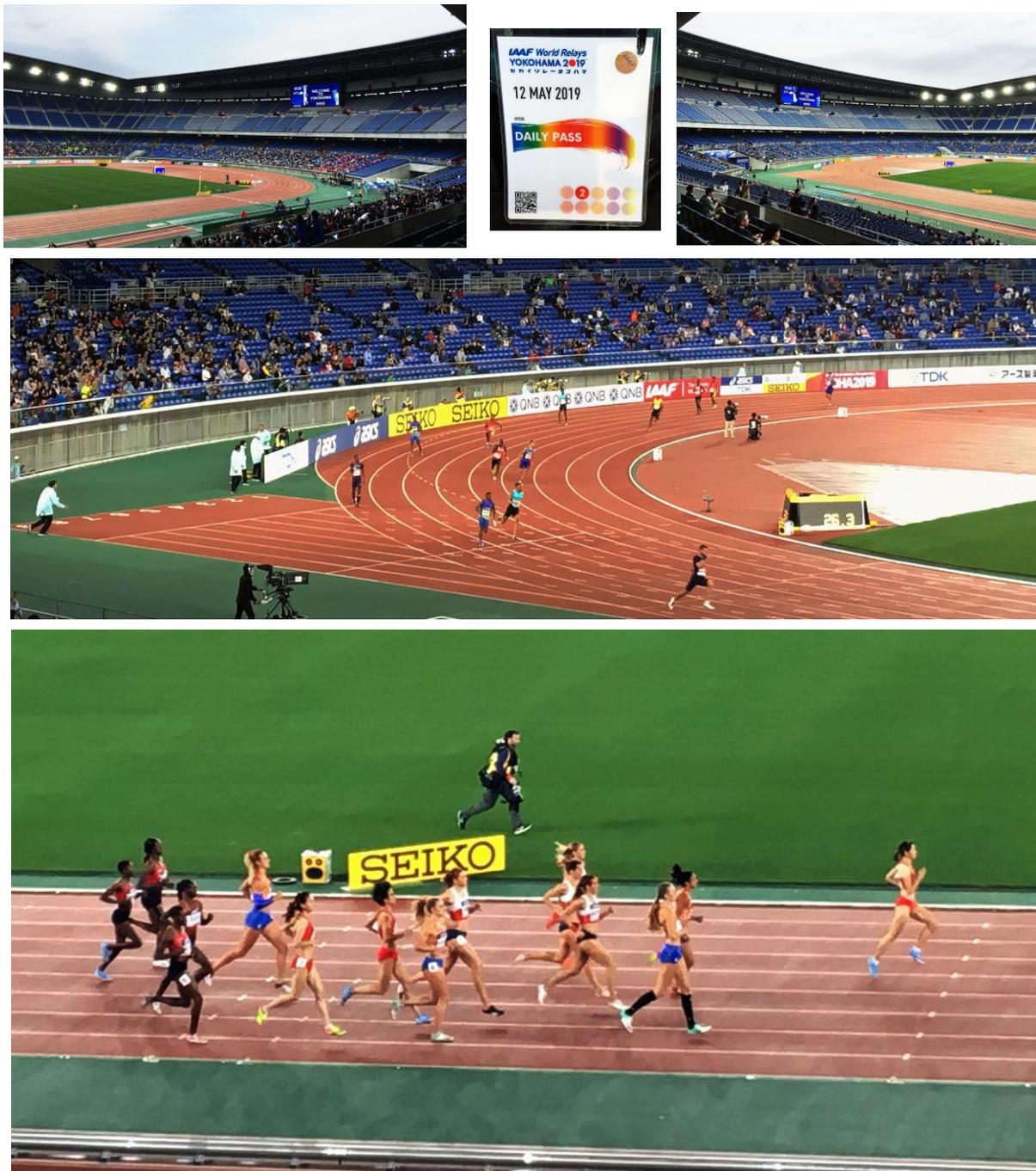
**NISSAN STADIUM: TIAS 4<sup>th</sup> Batch Students-IAAF – Health and Science Volunteer and Sports Science and Medicine-related Discussions and Networking: May 12<sup>th</sup>, Yokohama**

May 2019 second week (5/11 and 12), brought the **IAAF World Relays Yokohama 2019** event to Japan; and two **4<sup>th</sup> batch TIAS-Students** (**Mahgol Z Kamari** and **Yuchen Sun**) were recruited as volunteers for the IAAF Health & Science Department pilot project ‘Air Quality and Athletic Performance Research Project’ at Nissan Stadium (3300 Kozukuecho, Kohoku Ward, Yokohama, Kanagawa 222-0036, Japan / <https://www.nissan-stadium.jp/english/>) on request from a colleague and friend (developed over SAICON2017 in New Delhi, India), **Dr. Paolo Emilio ADAMI, MD, Sports Medicine Specialist** (IAAF Health & Science Department Medical Manager - [www.iaaf.org](http://www.iaaf.org) 6-8, Quai Antoine 1er | BP 359 | MC 98000 Monaco Cedex). Thank you too, **Dr. Stephane BERMON, MD, PHD, Director of the Health & Science Department** ([www.iaaf.org](http://www.iaaf.org)) for the opportunity for TIAS students to help as volunteers; a unique and nice experience for both of them in the field of applied sport sciences.



Further, I (Randeep) would like to express my thanks to Paolo and Dr. Bermon for have the opportunity to discuss about ideas on **future potential research projects in sports science and medicine** – especially concerning the elite athletes – look forward to the next series of visits to Japan and further meetings; and a visit to University of Tsukuba (UT), Faculty of Health and Sport Sciences-TAIKU-TIAS (<http://tias.tsukuba.ac.jp/>). The hospitality at the VIP enclosure is greatly appreciated,

very impressive. The direct observation of athletes in action revealed not only – speed is essential for the run, but also the technique, which was evident in the mix-up during the baton exchanges in some teams), as nicely explained by Paolo. It was also good to see the Teams close-up, including the Indian Relay Team, and the dignitaries, including the Commissioner of Japan Sports Agency, Mr. Daichi SUZUKI and Minister for Foreign Affairs of Japan, Mr. Taro KONO enjoying the finals.



Finally, it was good to **re-connect with ASICS, and TIAS alumni**, 2<sup>nd</sup> batch **Mr. Chu Kai** (Asics-Kobe) and TAIKU graduate and PhD student, also at Asics-Kobe, **Mr. Jun Mizushima**, both at **Global Sports Marketing Division**, and other ASICS officials – and discussed on next batch

student internship opportunities. The presence of Satoru Tanigawa sensei (Track Coach and Associate Professor, UT) was helpful to understand more on the event and T&F in Japan context.



Thank you IAAF-Health & Science Department for this opportunity, especially to the TIAS students.

2019-05-13

*Randeep Rakwal*

**Dr. Randeep RAKWAL, Ph.D.**  
**Professor,**

Faculty of Health and Sport Sciences  
Tsukuba International Academy for Sport Studies (TIAS),  
Global Sport Innovation Bldg., Room 403,  
UNIVERSITY OF TSUKUBA,  
1-1-1 Tennodai, Tsukuba, Ibaraki 305-8574, Japan

Email - [plantproteomics@gmail.com](mailto:plantproteomics@gmail.com) - [rakwal.randeep.fu@u.tsukuba.ac.jp](mailto:rakwal.randeep.fu@u.tsukuba.ac.jp) (office)

Mobile – (+81) 090-1853-7875 / Office phone – (+81)029-853-2681

Website: <http://tias.tsukuba.ac.jp> / <http://www.trios.tsukuba.ac.jp/en/researcher/0000003045>

